

SOUTH FRASER HS XC CHAMPIONSHIPS

Surrey,
Bear Creek Park

October 26, 2022



OFFICIAL MEET REPORT
printed: 2022-10-26 7:21 PM

Race #1
WOMEN (JuniorGirls) • 3.9 Kilometers (2.42 Miles)

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Spread
1 Ecole Salish Secondary Sc	33	3-7-10-13(42)(46)	1:06:51	1:13.1
2 R.A. McMath Secondary	49	2-6-17-24(27)	1:09:00	2:59.9
3 Fleetwood Park School	60	9-15-16-20(23)(26)	1:11:02	1:30.3
4 Earl Marriott Secondary	75	14-18-21-22(49)	1:12:59	1:30.0
5 Pacific Academy	77	4-11-30-32(33)	1:12:13	3:20.0
6 South Delta School	87	8-19-25-35(36)	1:14:24	3:28.6
7 Panorama Ridge Secondar	124*	1-34-37-52(53)	1:20:42	9:10.2
8 White Rock Christian Acad	124*	12-31-40-41	1:18:21	3:30.8
9 Southpointe Academy	126	5-29-44-48	1:20:48	7:42.8
10 Queen Elizabeth SS - Surr	160	28-39-43-50(54)(55)	1:25:45	5:20.2
11 Holy Cross Regional	181	38-45-47-51	1:28:56	3:56.3

*Tiebreakers

Panorama Ridge Secondary	1	34	37	52	53	White Rock Christian Academy
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INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
1 Dehal, Sasha	845	Panorama Ridge S	1	15:32.50	6:25.3	3:59.1
2 Kennedy, Katie	1267	R.A. McMath Secon	2	15:54.50	6:34.4	4:04.7
3 Leghorn, Nadya	740	Grandview Heights	-	15:59.70	6:36.6	4:06.1
4 Desrosiers, Chantel	894	Semiahmoo Secon	-	16:06.30	6:39.3	4:07.8
5 Vivanco, Isla	647	Ecole Salish Secon	3	16:07.50	6:39.8	4:08.1
6 Rodway, Ava	1158	Pacific Academy	4	16:08.40	6:40.2	4:08.3
7 Stefanovic, Mina	1181	Southpointe Acade	5	16:11.30	6:41.4	4:09.1
8 Kump, Ruby	1266	R.A. McMath Secon	6	16:13.30	6:42.2	4:09.6
9 Vipler, Annika	1146	Burnsview	-	16:15.20	6:43.0	4:10.1
10 McDonald, Meghan	953	Southridge School	-	16:18.80	6:44.5	4:11.0
11 Bailey, Paige	783	Kwantlen Park Sec	-	16:20.70	6:45.2	4:11.5
12 Sandhu, Janaya	644	Ecole Salish Secon	7	16:21.50	6:45.6	4:11.7
13 Cabrera Ruiz, Estrella	926	South Delta School	8	16:44.50	6:55.1	4:17.6
14 Galbraith, Ava	698	Fleetwood Park Sch	9	16:59.90	7:01.4	4:21.5
15 Nguyen, Therese	643	Ecole Salish Secon	10	17:00.90	7:01.9	4:21.8
16 Dee, Ellyse	875	Saint John Paul II A	-	17:07.30	7:04.5	4:23.4
17 Jones, Sophia	1187	Pacific Academy	11	17:10.60	7:05.9	4:24.3
18 Pinto, Vanessa	1104	White Rock Christia	12	17:18.90	7:09.3	4:26.4
19 Inkman, Alex	641	Ecole Salish Secon	13	17:20.60	7:10.0	4:26.8
20 Blair, Anna	1035	Earl Marriott Secon	14	17:22.00	7:10.6	4:27.2
21 Arlitt, Regan	695	Fleetwood Park Sch	15	17:40.40	7:18.2	4:31.9
22 Desrosiers, Ava	893	Semiahmoo Secon	-	17:48.60	7:21.6	4:34.0
23 Liu, Erica	699	Fleetwood Park Sch	16	17:50.80	7:22.5	4:34.6
24 Smerdon, Noa	1247	R.A. McMath Secon	17	17:57.80	7:25.4	4:36.4
25 Simpson, Lauren	625	Earl Marriott Secon	18	18:11.50	7:31.0	4:39.9

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WOMEN (JuniorGirls) • 3.9 Kilometers (2.42 Miles)****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
26 Toor, Syra	1074	Seaquam Seahawk	-	18:16.30	7:33.0	4:41.1
27 Underhill, Camryn	1166	Delta Secondary	-	18:21.90	7:35.3	4:42.5
28 Thomas, Aynsley	943	South Delta School	19	18:28.40	7:38.0	4:44.2
29 Luo, Jessica	700	Fleetwood Park Sch	20	18:30.20	7:38.8	4:44.7
30 Patterson-Ott, Bernadette	673	Elgin Park Seconda	-	18:30.80	7:39.0	4:44.8
31 Lambert, Juliette	1037	Earl Marriott Secon	21	18:33.50	7:40.1	4:45.5
32 Villaniza, Maria	830	North Surrey Secon	-	18:43.20	7:44.1	4:48.0
33 Nguyen, Sonia	1334	JN Burnett	-	18:46.90	7:45.7	4:48.9
34 Ostrosser, Chloe	623	Earl Marriott Secon	22	18:52.00	7:47.8	4:50.3
35 Scoffield, Maryn	704	Fleetwood Park Sch	(23)	18:53.50	7:48.4	4:50.6
36 Denhoed, Madison	1248	R.A. McMath Secon	24	18:54.40	7:48.8	4:50.9
37 Bilodeau, Danielle	924	South Delta School	25	18:57.50	7:50.0	4:51.7
38 Chan, Chloe	1273	Steveston London	-	19:01.10	7:51.5	4:52.6
39 Engbrecht, Taylor	697	Fleetwood Park Sch	(26)	19:02.30	7:52.0	4:52.9
40 Klose, Keira	1249	R.A. McMath Secon	(27)	19:03.00	7:52.3	4:53.1
41 Shui, Rey	868	Queen Elizabeth S	28	19:08.80	7:54.7	4:54.6
42 Lau, Merina	1180	Southpointe Acade	29	19:15.80	7:57.6	4:56.4
43 Davis, Avery	1189	Pacific Academy	30	19:24.70	8:01.3	4:58.6
44 Luna, Victoria	999	White Rock Christia	31	19:25.50	8:01.6	4:58.8
45 Hiller, Lucy	1188	Pacific Academy	32	19:28.40	8:02.8	4:59.6
46 Jung, Claire	1186	Pacific Academy	(33)	19:33.60	8:05.0	5:00.9
47 Davies, Kaedyn	735	Grandview Heights	-	19:42.80	8:08.8	5:03.3
48 Ruvalcaba, Mary	1150	Saint John Paul II A	-	19:43.90	8:09.2	5:03.6
49 Chiang, Claire	1299	Richmond Christian	-	19:47.30	8:10.6	5:04.4
50 Ridge, Emily	674	Elgin Park Seconda	-	19:59.00	8:15.5	5:07.4
51 Barola, Janna	1226	Richmond Seconda	-	20:00.10	8:15.9	5:07.7
52 Boparai, Prabhnoor	844	Panorama Ridge S	34	20:07.10	8:18.8	5:09.5
53 Doig, Isla	929	South Delta School	35	20:13.10	8:21.3	5:11.1
54 Taylor-Hunt, Sydney	942	South Delta School	(36)	20:13.10	8:21.3	5:11.1
55 Vacek, Sidney	1088	Lord Tweedsmuir	-	20:18.50	8:23.5	5:12.4
56 Basra, Harjot	843	Panorama Ridge S	37	20:19.70	8:24.0	5:12.7
57 Sahota, Jiya	765	Holy Cross Regiona	38	20:34.30	8:30.0	5:16.5
58 Kaur, Tegvir	866	Queen Elizabeth S	39	20:41.70	8:33.1	5:18.4
59 Burge, Olivia	992	White Rock Christia	40	20:46.20	8:35.0	5:19.5
60 Fang, Rachel	994	White Rock Christia	41	20:49.70	8:36.4	5:20.4
61 Pan, Renee	1240	Richmond Seconda	-	20:55.00	8:38.6	5:21.8
62 Antunes, Eliana	1059	Delta Secondary	-	21:01.00	8:41.1	5:23.3
63 Kobayasm, Moka	605	Clayton Heights Se	-	21:13.40	8:46.2	5:26.5
64 Wager, Celia	648	Ecole Salish Secon	(42)	21:13.70	8:46.3	5:26.6
65 Ochitwa, Chloe	1238	Richmond Seconda	-	21:23.20	8:50.2	5:29.0
66 Kaur, Shaanvir	865	Queen Elizabeth S	43	21:25.40	8:51.2	5:29.6
67 Chow, Norah	1182	Southpointe Acade	44	21:25.90	8:51.4	5:29.7
68 Thomas, Ann	767	Holy Cross Regiona	45	21:41.10	8:57.6	5:33.6
69 Khosa, Karmyn	1108	Tamanawis Second	-	21:45.70	8:59.5	5:34.8
70 Allard, Kaylin	638	Ecole Salish Secon	(46)	22:00.20	9:05.5	5:38.5
71 David, Maralen	761	Holy Cross Regiona	47	22:10.00	9:09.6	5:41.0

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Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
72 Neville, London	608	Clayton Heights Se	-	22:14.10	9:11.3	5:42.1
73 Powar, Angelie	702	Fleetwood Park Sch	-	22:20.30	9:13.8	5:43.7
74 Dang, Hanna	639	Ecole Salish Secon	-	22:52.80	9:27.3	5:52.0
75 Oyhenart, Kalleigh	967	Sullivan Heights	-	23:15.60	9:36.7	5:57.8
76 Fischer, Linda	1318	A.R. MacNeill	-	23:34.50	9:44.5	6:02.7
77 Fedoruk, Sophia	1183	Southpointe Acade	48	23:54.10	9:52.6	6:07.7
78 Snowden, Ashley	1040	Earl Marriott Secon	(49)	23:59.40	9:54.8	6:09.1
79 Farooq, Noorah	1326	A.R. MacNeill	-	24:02.50	9:56.1	6:09.9
80 Rozander, Neila	986	Surrey Christian	-	24:14.60	10:01.1	6:13.0
81 Kaloti, Harsiman	1056	Princess Margaret	-	24:18.00	10:02.5	6:13.8
82 Kaur, Jessica	864	Queen Elizabeth S	50	24:29.00	10:07.0	6:16.7
83 Dhunna, Twinkle	762	Holy Cross Regiona	51	24:30.60	10:07.7	6:17.1
84 Dejonwo, Mistura	846	Panorama Ridge S	52	24:42.70	10:12.7	6:20.2
85 Nair, Nyha	850	Panorama Ridge S	(53)	24:57.30	10:18.7	6:23.9
86 Bajwa, Jiyah	961	Sullivan Heights	-	25:11.20	10:24.5	6:27.5
87 Reddy, Aashna	1163	Queen Elizabeth S	(54)	26:40.30	11:01.3	6:50.3
88 Szutu, Hilary	1279	Steveston London	-	26:41.10	11:01.6	6:50.5
89 Bains, Ekkam	862	Queen Elizabeth S	(55)	27:13.20	11:14.9	6:58.8
90 Scott, Chloe	610	Clayton Heights Se	-	27:39.10	11:25.6	7:05.4

SOUTH FRASER HS XC CHAMPIONSHIPSSurrey,
Bear Creek Park

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OFFICIAL MEET REPORT
printed: 2022-10-26 7:21 PM**Race #2**
MEN (JuniorBoys) • 3.9 Kilometers (2.42 Miles)**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Spread
1 White Rock Christian Acad	35	2-8-12-13(31)(36)	58:11	1:20.0
2 Lord Tweedsmuir	77	15-19-21-22(34)(41)	1:01:57	0:32.4
3 Semiahmoo Secondary	84	7-10-32-35(59)(75)	1:02:12	1:42.4
4 Holy Cross Regional	95	14-20-23-38(45)(72)	1:03:01	1:51.1
5 Fleetwood Park School	96	11-27-28-30(44)	1:02:53	1:19.6
6 Ecole Salish Secondary Sc	105	1-4-48-52(61)(62)	1:02:58	4:35.8
7 R.A. McMath Secondary	108	17-18-33-40(42)(56)	1:04:00	1:37.8
8 Hugh Boyd Secondary Sch	134	5-24-51-54(65)(66)	1:06:00	3:28.3
9 Queen Elizabeth SS - Surr	147	25-37-39-46	1:06:42	1:36.2
10 Grandview Heights	154	3-47-49-55(70)(73)	1:07:08	3:55.6
11 Panorama Ridge Secondar	157	6-26-57-68(77)	1:08:40	5:28.2
12 North Surrey Secondary	177	9-50-58-60(67)(76)	1:09:18	3:41.9
13 Steveston London Secoon	201	16-53-63-69(74)	1:12:17	4:50.9
14 Richmond Secondary Scho	207	29-43-64-71	1:13:21	4:56.5

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
1 Snyman, Stephanus	874	Regent Christian	-	12:43.00	5:15.3	3:15.6
2 Sandhu, Arjun	660	Ecole Salish Secon	1	13:15.80	5:28.8	3:24.1
3 Isak, Reuben	1010	White Rock Christia	2	13:35.10	5:36.8	3:29.0
4 Nestman, Henry	889	Seaquam Seahawk	-	13:41.40	5:39.4	3:30.6
5 Geddes, Jericho	751	Grandview Heights	3	14:08.10	5:50.5	3:37.5
6 Johnston, Isaiah	615	Clayton Heights Se	-	14:19.80	5:55.3	3:40.5
7 Woode, Nolan	664	Ecole Salish Secon	4	14:23.30	5:56.7	3:41.4
8 Narbett, Kouken	1280	Hugh Boyd Second	5	14:27.60	5:58.5	3:42.5
9 Sukh, Jayden	1058	Frank Hurt Seconda	-	14:32.20	6:00.4	3:43.6
10 Dee, Matthias	878	Saint John Paul II A	-	14:34.30	6:01.3	3:44.2
11 Sandhu, Jason	858	Panorama Ridge S	6	14:34.50	6:01.4	3:44.2
12 Pannu, Armaan	635	Earl Marriott Secon	-	14:34.90	6:01.5	3:44.3
13 Parlee, Ethan	913	Semiahmoo Secon	7	14:42.00	6:04.5	3:46.2
14 Gaff, Tre	1333	Mathew McNair	-	14:45.20	6:05.8	3:47.0
15 Zhang, Will	1027	White Rock Christia	8	14:47.40	6:06.7	3:47.5
16 Barnes, Liam	832	North Surrey Secon	9	14:49.50	6:07.6	3:48.1
17 Zhu, Paul	922	Semiahmoo Secon	10	14:50.70	6:08.1	3:48.4
18 Nagra, Abhiraj	720	Fleetwood Park Sch	11	14:51.40	6:08.3	3:48.6
19 Isak, Caleb	1009	White Rock Christia	12	14:52.60	6:08.8	3:48.9
20 Louw, Dylan	1014	White Rock Christia	13	14:55.10	6:09.9	3:49.5
21 Kuac, Martin	774	Holy Cross Regiona	14	14:57.70	6:11.0	3:50.2
22 Boye, Seth	1093	Lord Tweedsmuir	15	15:07.50	6:15.0	3:52.7
23 Marion, Marcus	1270	Steveston London	16	15:14.60	6:17.9	3:54.5
24 Ellison, Wyatt	1251	R.A. McMath Secon	17	15:18.20	6:19.4	3:55.4
25 Addisu, Simon	972	Sullivan Heights	-	15:27.20	6:23.1	3:57.7
26 Nishi, Colin	1250	R.A. McMath Secon	18	15:30.50	6:24.5	3:58.6

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Race #2 MEN (JuniorBoys) • 3.9 Kilometers (2.42 Miles)

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
27 Sahota, Aikam	686	Elgin Park Seconda	-	15:30.70	6:24.6	3:58.6
28 Kerr, Kyan	1095	Lord Tweedsmuir	19	15:30.80	6:24.6	3:58.7
29 Donikowski, Nathan	772	Holy Cross Regiona	20	15:31.80	6:25.0	3:58.9
30 Antonation, Mackay	1091	Lord Tweedsmuir	21	15:38.80	6:27.9	4:00.7
31 Sidhu, Jagvit	1151	Lord Tweedsmuir	22	15:39.90	6:28.4	4:01.0
32 Mangalindan, Gabriel	775	Holy Cross Regiona	23	15:42.50	6:29.5	4:01.7
33 Lao, Will	1298	Richmond Christian	-	15:43.40	6:29.8	4:01.9
34 Grund, Joshua	1065	Delta Secondary	-	15:46.20	6:31.0	4:02.6
35 Hans Mach, Jay	987	Surrey Christian	-	15:47.10	6:31.4	4:02.8
36 Quilay, Colby	1282	Hugh Boyd Second	24	15:47.30	6:31.4	4:02.9
37 Hayer, Harvin	1120	Queen Elizabeth S	25	15:48.10	6:31.8	4:03.1
38 Campbell, Emmett	855	Panorama Ridge S	26	15:50.60	6:32.8	4:03.7
39 Gooding, Alex	713	Fleetwood Park Sch	27	15:51.00	6:33.0	4:03.8
40 McArthur, Jordan	1196	Pacific Academy	-	15:55.60	6:34.9	4:05.0
41 Roth, Tyler	724	Fleetwood Park Sch	28	15:59.30	6:36.4	4:06.0
42 Chen, Justin	1227	Richmond Seconda	29	16:02.00	6:37.5	4:06.7
43 Johnson, Logan	715	Fleetwood Park Sch	30	16:11.00	6:41.2	4:09.0
44 Mathew, Liam	1018	White Rock Christia	(31)	16:12.60	6:41.9	4:09.4
45 Huang, Elvis	910	Semiahmoo Secon	32	16:14.10	6:42.5	4:09.8
46 Chan, Bodhi	1252	R.A. McMath Secon	33	16:15.00	6:42.9	4:10.0
47 Syal, Nikhail	1100	Lord Tweedsmuir	(34)	16:18.60	6:44.4	4:10.9
48 Ridge, Sam	684	Elgin Park Seconda	-	16:19.20	6:44.6	4:11.1
49 Patterson-Ott, Wolfgang	683	Elgin Park Seconda	-	16:19.30	6:44.7	4:11.1
50 Spencer, Josh	1294	Richmond Christian	-	16:24.20	6:46.7	4:12.4
51 Liu, Matthew	1328	A.R. MacNeill	-	16:24.40	6:46.8	4:12.4
52 Zhu, Peyton	903	Semiahmoo Secon	35	16:24.40	6:46.8	4:12.4
53 Gordon, Joshua	1006	White Rock Christia	(36)	16:27.80	6:48.2	4:13.3
54 Santorog, Gavin	1021	White Rock Christia	-	16:31.20	6:49.6	4:14.2
55 Sidhu, Gurfateh	1114	Tamanawis Second	-	16:31.30	6:49.6	4:14.2
56 King, Charles	883	Saint John Paul II A	-	16:33.70	6:50.6	4:14.8
57 Singh, Marv	1123	Queen Elizabeth S	37	16:33.80	6:50.7	4:14.8
58 Von Hahn, Conor	1025	White Rock Christia	-	16:37.60	6:52.2	4:15.8
59 Abramski, James	768	Holy Cross Regiona	38	16:48.80	6:56.9	4:18.7
60 Ferguson, Ty	881	Saint John Paul II A	-	16:49.10	6:57.0	4:18.7
61 Jiao, Zach	1300	JN Burnett	-	16:51.60	6:58.0	4:19.4
62 Hernandez, Carlos	1121	Queen Elizabeth S	39	16:55.40	6:59.6	4:20.4
63 Wang, Aiden	1253	R.A. McMath Secon	40	16:56.00	6:59.8	4:20.5
64 McDonald, Duncan	978	Sullivan Heights	-	16:57.20	7:00.3	4:20.8
65 Canino, Sandro	629	Earl Marriott Secon	-	17:00.40	7:01.7	4:21.6
66 Mayan, Caleb	1320	A.R. MacNeill	-	17:07.30	7:04.5	4:23.4
67 Erb, Caster	1142	Fraser Heights Sec	-	17:10.80	7:06.0	4:24.3
68 Syal, Aryan	1099	Lord Tweedsmuir	(41)	17:14.20	7:07.4	4:25.2
69 Ko, Lukas	1048	Southridge School	-	17:15.30	7:07.8	4:25.5
70 Raja, Christopher	1254	R.A. McMath Secon	(42)	17:16.10	7:08.1	4:25.7
71 Lau, Tristan	1235	Richmond Seconda	43	17:16.30	7:08.2	4:25.7
72 Wang, Leo	727	Fleetwood Park Sch	(44)	17:19.00	7:09.3	4:26.4

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Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
73 Chao, Benedict	770	Holy Cross Regiona	(45)	17:20.30	7:09.9	4:26.7
74 Grenier, Cody	1119	Queen Elizabeth S	46	17:24.30	7:11.5	4:27.8
75 Shi, Vincent	758	Grandview Heights	47	17:25.40	7:12.0	4:28.1
76 Jacobs, Tamari	947	South Delta School	-	17:26.70	7:12.5	4:28.4
77 Ansley, Zachary	652	Ecole Salish Secon	48	17:27.10	7:12.7	4:28.5
78 Wilson, Hunter	760	Grandview Heights	49	17:30.00	7:13.9	4:29.2
79 McKay, Brice	839	North Surrey Secon	50	17:38.00	7:17.2	4:31.3
80 McKim, Lucas	1068	Delta Secondary	-	17:39.50	7:17.8	4:31.7
81 Lin, Gordon	1191	Pacific Academy	-	17:44.80	7:20.0	4:33.0
82 Sun, Jet	1281	Hugh Boyd Second	51	17:48.30	7:21.4	4:33.9
83 Ahmed, Tajweed	651	Ecole Salish Secon	52	17:51.60	7:22.8	4:34.8
84 Ng, Ryan	1278	Steveston London	53	17:53.40	7:23.6	4:35.2
85 Mayan, Luke	1312	A.R. MacNeill	-	17:54.20	7:23.9	4:35.4
86 Guo, Frank	1283	Hugh Boyd Second	54	17:55.90	7:24.6	4:35.9
87 Athlete, WholsThis	1102	South Delta School	-	18:00.60	7:26.5	4:37.1
88 Isbister, Grant	752	Grandview Heights	55	18:03.70	7:27.8	4:37.9
89 Majstorovic, Alekssandar	1016	White Rock Christia	-	18:06.80	7:29.1	4:38.7
90 Ortiz Lee, Alarii	1256	R.A. McMath Secon	(56)	18:09.50	7:30.2	4:39.4
91 Tumulijan, Jarell	1218	Panorama Ridge S	57	18:11.70	7:31.1	4:39.9
92 Dhillon, Ajay	1175	North Surrey Secon	58	18:18.70	7:34.0	4:41.7
93 Gill, Ajjay	906	Semiahmoo Secon	(59)	18:26.40	7:37.2	4:43.7
94 Jones, Jordan	1067	Delta Secondary	-	18:29.30	7:38.4	4:44.4
95 Moenick, Calum	1101	South Delta School	-	18:30.70	7:39.0	4:44.8
96 Yu, Marlon	1055	North Surrey Secon	60	18:31.40	7:39.3	4:45.0
97 Chiu, Austin	1005	White Rock Christia	-	18:31.60	7:39.3	4:45.0
98 Atendido, Lorenzo	613	Clayton Heights Se	-	18:43.60	7:44.3	4:48.1
99 Ramos, Fabian	1255	R.A. McMath Secon	-	18:46.80	7:45.6	4:48.9
100 Burge, Tobi	1004	White Rock Christia	-	18:51.50	7:47.6	4:50.1
101 Xing, Johnny	665	Ecole Salish Secon	(61)	18:52.90	7:48.1	4:50.5
102 Nguyen, Tristan	657	Ecole Salish Secon	(62)	18:54.10	7:48.6	4:50.8
103 Hainsworth, J.j	809	LA Matheson Musta	-	18:59.20	7:50.7	4:52.1
104 Zhao, Justin	1274	Steveston London	63	19:03.00	7:52.3	4:53.1
105 Olago, Maxim	1239	Richmond Seconda	64	19:03.70	7:52.6	4:53.3
106 Wang, George	1026	White Rock Christia	-	19:04.60	7:53.0	4:53.5
107 Turner, Gavin	637	Earl Marriott Secon	-	19:08.30	7:54.5	4:54.4
108 Zhang, Terri	1284	Hugh Boyd Second	(65)	19:10.80	7:55.5	4:55.1
109 Calvert, Josh	1179	Southpointe Acade	-	19:12.30	7:56.2	4:55.5
110 Chen, Nathan	1285	Hugh Boyd Second	(66)	19:23.60	8:00.8	4:58.4
111 Duong, Adam	834	North Surrey Secon	(67)	19:44.00	8:09.3	5:03.6
112 Caparas, Jaron	1132	LA Matheson Musta	-	20:01.50	8:16.5	5:08.1
113 Owsley, Avin	815	LA Matheson Musta	-	20:02.10	8:16.7	5:08.2
114 Adhanon, Fortune	1219	Panorama Ridge S	68	20:02.70	8:17.0	5:08.4
115 Guram, Gurshan	1277	Steveston London	69	20:05.50	8:18.1	5:09.1
116 Rooke, Sanjay	1105	White Rock Christia	-	20:07.50	8:19.0	5:09.6
117 Jeng, Gladius	753	Grandview Heights	(70)	20:31.00	8:28.7	5:15.6
118 Ohene, Ivan	1111	Tamanawis Second	-	20:50.20	8:36.6	5:20.6

SOUTH FRASER HS XC CHAMPIONSHIPSSurrey,
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**OFFICIAL MEET REPORT**
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MEN (JuniorBoys) • 3.9 Kilometers (2.42 Miles)**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
119 Cheng, Marcus	1229	Richmond Seconda	71	20:58.50	8:40.0	5:22.7
120 Wilbourn, Cade	778	Holy Cross Regiona	(72)	21:03.60	8:42.1	5:24.0
121 Wang, Leo	759	Grandview Heights	(73)	21:05.90	8:43.1	5:24.6
122 Francisco, Markus	773	Holy Cross Regiona	-	22:05.00	9:07.5	5:39.7
123 Masztalar, Johnnie	656	Ecole Salish Secon	-	22:10.50	9:09.8	5:41.2
124 Austin, Cj	1275	Steveston London	(74)	23:13.60	9:35.9	5:57.3
125 Charleston, Adam	1034	Semiahmoo Secon	(75)	23:20.60	9:38.8	5:59.1
126 Siddiqui, Zaid	842	North Surrey Secon	(76)	23:22.40	9:39.5	5:59.6
127 Lakhanpal, Arjun	857	Panorama Ridge S	(77)	23:25.70	9:40.9	6:00.4
128 Yuen, Adrian	1336	JN Burnett	-	25:51.30	10:41.0	6:37.8
129 Sidhu, Aikam	841	North Surrey Secon	-	27:04.10	11:11.1	6:56.4
130 Moon, Jordan	757	Grandview Heights	-	29:41.00	12:16.0	7:36.7

SOUTH FRASER HS XC CHAMPIONSHIPSSurrey,
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OFFICIAL MEET REPORT
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WOMEN (SeniorGirls) • 5 Kilometers (3.11 Miles)****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Spread
1 Semiahmoo Secondary	10	1-2-3-4(5)(12)	1:21:37	3:16.7
2 Richmond Secondary Scho	34	6-8-9-11(13)(14)	1:40:20	2:16.6
3 White Rock Christian Acad	48	7-10-15-16(17)	1:52:34	7:29.2

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
1 Hodgson, Maella	669	Elgin Park Seconda	-	18:00.70	5:47.5	3:36.1
2 Hack, Mackenzie	895	Semiahmoo Secon	1	18:48.20	6:02.8	3:45.6
3 Dumas, Gemma	930	South Delta School	-	19:01.10	6:06.9	3:48.2
4 Titova, Veronika	898	Semiahmoo Secon	2	19:24.50	6:14.4	3:52.9
5 McDonald, Rachel	954	Southridge School	-	19:26.00	6:14.9	3:53.2
6 Dee, Veronica	876	Saint John Paul II A	-	19:54.50	6:24.1	3:58.9
7 McDonald, Catelin	952	Southridge School	-	20:16.30	6:31.1	4:03.3
8 Royo, Pilar	1286	HJ Cambie	-	20:29.80	6:35.4	4:06.0
9 Selvage, Natalie	746	Grandview Heights	-	21:12.70	6:49.2	4:14.5
10 Potashova, Leah	896	Semiahmoo Secon	3	21:18.50	6:51.1	4:15.7
11 Nurmianinen, Enni	937	South Delta School	-	21:30.80	6:55.0	4:18.2
12 Yarmochuk, Sofia	1033	Semiahmoo Secon	4	22:04.90	7:06.0	4:25.0
13 Cherris-Eva, Sasha	885	Seaquam Seahawk	-	22:18.20	7:10.3	4:27.6
14 Kardos-Mitchelle, Mel	604	Clayton Heights Se	-	22:26.30	7:12.9	4:29.3
15 Weiss, Nadia	676	Elgin Park Seconda	-	22:31.90	7:14.7	4:30.4
16 Ramilo, Klera	969	Sullivan Heights	-	22:39.80	7:17.2	4:32.0
17 Celik, Dila	1335	JN Burnett	-	22:43.50	7:18.4	4:32.7
18 Jiang, Catherine	1172	Semiahmoo Secon	(5)	22:52.10	7:21.2	4:34.4
19 Sonsoiy, Angelina	851	Panorama Ridge S	-	23:02.10	7:24.4	4:36.4
20 Sidhu, Reesha	747	Grandview Heights	-	23:51.00	7:40.1	4:46.2
21 Du, Amy	1230	Richmond Seconda	6	24:03.40	7:44.1	4:48.7
22 Fang, Emma	993	White Rock Christia	7	24:22.90	7:50.4	4:52.6
23 Woode, Rachel	650	Ecole Salish Secon	-	24:34.70	7:54.2	4:54.9
24 Ma, Yelena	1236	Richmond Seconda	8	24:46.80	7:58.1	4:57.4
25 Zhang, Alaina	1246	Richmond Seconda	9	25:08.90	8:05.2	5:01.8
26 Juraschek, Carla	1220	Delta Secondary	-	25:36.00	8:13.9	5:07.2
27 Syberg-Olsen, Katie	646	Ecole Salish Secon	-	25:44.00	8:16.5	5:08.8
28 Kemp, Audrey	1036	Earl Marriott Secon	-	25:58.40	8:21.1	5:11.7
29 Wraith, Lily	1003	White Rock Christia	10	26:16.70	8:27.0	5:15.3
30 Tan, Helen	1241	Richmond Seconda	11	26:20.00	8:28.0	5:16.0
31 Wong, Meghan	901	Semiahmoo Secon	(12)	26:24.10	8:29.4	5:16.8
32 Dhanju, Gurleen	784	Kwantlen Park Sec	-	26:29.00	8:30.9	5:17.8
33 Reid, Mabel	1062	Delta Secondary	-	27:24.00	8:48.6	5:28.8
34 Laloui, Yamna	860	Princess Margaret	-	27:46.90	8:56.0	5:33.4
35 Wosk, Rebecca	1268	R.A. McMath Secon	-	27:52.00	8:57.6	5:34.4
36 Abou Mourad, Bayan	1223	Richmond Seconda	(13)	28:00.70	9:00.4	5:36.1
37 Banzon, Leanne	1225	Richmond Seconda	(14)	28:12.60	9:04.2	5:38.5
38 Sandhu, Jasleen	675	Elgin Park Seconda	-	28:19.80	9:06.6	5:40.0
39 Tanwar, Radha	1287	HJ Cambie	-	28:29.10	9:09.5	5:41.8
40 Gordon, Keira	997	White Rock Christia	15	30:01.80	9:39.4	6:00.4

SOUTH FRASER HS XC CHAMPIONSHIPSSurrey,
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WOMEN (SeniorGirls) • 5 Kilometers (3.11 Miles)**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
41 Kwan, Tessa	1233	Richmond Seconda	-	31:11.70	10:01.8	6:14.3
42 Lee, Leslie	1002	White Rock Christia	16	31:52.10	10:14.8	6:22.4
43 De Arriba, Lide	602	Clayton Heights Se	-	31:52.40	10:14.9	6:22.5
44 Guo, Alice	1232	Richmond Seconda	-	32:02.00	10:18.0	6:24.4
45 Gaglardi, Hannah	996	White Rock Christia	(17)	33:01.50	10:37.1	6:36.3
46 Ye, Amy	1245	Richmond Seconda	-	33:49.60	10:52.6	6:45.9

SOUTH FRASER HS XC CHAMPIONSHIPSSurrey,
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OFFICIAL MEET REPORT
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MEN (SeniorBoys) • 5 Kilometers (3.11 Miles)****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Spread
1 Elgin Park Secondary	28	2-5-6-15(45)	1:07:13	2:33.2
2 LA Matheson Mustangs	42	1-4-11-26(28)(29)	1:09:32	4:16.1
3 R.A. McMath Secondary	48	8-10-14-16(32)(34)	1:11:54	1:06.6
4 White Rock Christian Acad	60	12-13-17-18(43)(44)	1:13:42	0:34.8
5 Fleetwood Park School	90	7-20-27-36(37)(66)	1:16:37	4:01.2
6 Queen Elizabeth SS - Surr	110	9-25-30-46(60)(63)	1:20:37	5:34.3
7 Semiahmoo Secondary	115	3-22-33-57	1:21:10	8:20.4
8 A.R. MacNeill	140	19-23-39-59(61)	1:24:45	6:39.7
9 Delta Secondary	152	24-35-40-53	1:25:22	4:25.9
10 South Delta School	173	21-38-47-67	1:36:47	13:35.7
11 Kwantlen Park Secondary	178	31-48-49-50(51)(54)	1:30:57	3:22.1
12 North Surrey Secondary	197	41-42-52-62	1:34:37	6:31.7
13 Ecole Salish Secondary Sc	233	55-56-58-64(65)(68)	1:43:23	4:37.3

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. km
1 Mulugeta, Yemane	814	LA Matheson Musta	1	15:20.80	4:56.1	3:04.2
2 Nicol, Connor	681	Elgin Park Seconda	2	15:43.90	5:03.5	3:08.8
3 Brittain, Steven	1031	Semiahmoo Secon	3	16:21.50	5:15.6	3:16.3
4 Kifle, Aven	812	LA Matheson Musta	4	16:27.80	5:17.6	3:17.6
5 Hodgson, James	679	Elgin Park Seconda	5	16:29.50	5:18.2	3:17.9
6 Irvine, Hudson	632	Earl Marriott Secon	-	16:41.20	5:21.9	3:20.2
7 O'Brien, Brendan	682	Elgin Park Seconda	6	16:42.50	5:22.3	3:20.5
8 Holmes, Max	1157	Pacific Academy	-	16:49.00	5:24.4	3:21.8
9 Liu, Joe	718	Fleetwood Park Sch	7	16:51.90	5:25.4	3:22.4
10 Haines, Nicholas	977	Sullivan Heights	-	17:10.90	5:31.5	3:26.2
11 Kennedy, Zack	1258	R.A. McMath Secon	8	17:18.90	5:34.1	3:27.8
12 Spence, Tyler	958	Southridge School	-	17:40.50	5:41.0	3:32.1
13 Marcado, Sebastian	872	Queen Elizabeth S	9	17:40.50	5:41.0	3:32.1
14 Ellison, Max	1260	R.A. McMath Secon	10	17:55.40	5:45.8	3:35.1
15 Mohammed, Ased	1135	LA Matheson Musta	11	18:06.50	5:49.4	3:37.3
16 Mathew, Jaden	1017	White Rock Christia	12	18:07.20	5:49.6	3:37.4
17 Trivedi, Athurv	1024	White Rock Christia	13	18:10.80	5:50.7	3:38.2
18 Ruus, Ben	1259	R.A. McMath Secon	14	18:14.10	5:51.8	3:38.8
19 Cai, Justin	677	Elgin Park Seconda	15	18:17.10	5:52.8	3:39.4
20 Wallace, Jack	1261	R.A. McMath Secon	16	18:25.50	5:55.5	3:41.1
21 Lee, Daxton	1011	White Rock Christia	17	18:41.70	6:00.7	3:44.3
22 Stobbe, Harrison	1023	White Rock Christia	18	18:42.00	6:00.8	3:44.4
23 Mayan, Joshua	1314	A.R. MacNeill	19	18:45.60	6:01.9	3:45.1
24 Lau, Trenton	1184	Southpointe Acade	-	18:51.80	6:03.9	3:46.4
25 Lin, Andrew	717	Fleetwood Park Sch	20	19:08.50	6:09.3	3:49.7
26 Dobrunz, Thilo	946	South Delta School	21	19:17.00	6:12.0	3:51.4
27 Stones, Markus	914	Semiahmoo Secon	22	19:19.00	6:12.7	3:51.8

SOUTH FRASER HS XC CHAMPIONSHIPSSurrey,
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**Race #4
MEN (SeniorBoys) • 5 Kilometers (3.11 Miles)****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
28 Reyes, Adrian	1325	A.R. MacNeill	23	19:20.00	6:13.0	3:52.0
29 Jones, Tyler	1066	Delta Secondary	24	19:22.60	6:13.8	3:52.5
30 Sidhu, Herman	873	Queen Elizabeth S	25	19:30.80	6:16.5	3:54.2
31 Hassan, Hassan	1154	LA Matheson Musta	26	19:36.90	6:18.4	3:55.4
32 Dhaliwal, Parwaz	879	Saint John Paul II A	-	19:38.20	6:18.8	3:55.6
33 Qi, Tony	722	Fleetwood Park Sch	27	19:42.60	6:20.3	3:56.5
34 MacLeod, Benjamin	616	Clayton Heights Se	-	19:51.70	6:23.2	3:58.3
35 Kabarwal, Prabhnoor	811	LA Matheson Musta	(28)	19:55.40	6:24.4	3:59.1
36 Bottyan, Lealand	803	LA Matheson Musta	(29)	20:01.10	6:26.2	4:00.2
37 Hassan, Munzir	810	LA Matheson Musta	-	20:05.80	6:27.7	4:01.2
38 Brach, Harwin	870	Queen Elizabeth S	30	20:10.20	6:29.1	4:02.0
39 Antanacio, John Sebastian	788	Kwantlen Park Sec	31	20:15.40	6:30.8	4:03.1
40 Mohammed, Faizan	1301	JN Burnett	-	20:22.40	6:33.1	4:04.5
41 Bridson, Elliot	1263	R.A. McMath Secon	(32)	20:23.80	6:33.5	4:04.8
42 Voyer, Logan	821	LA Matheson Musta	-	20:32.90	6:36.4	4:06.6
43 Linford, Braden	912	Semiahmoo Secon	33	20:46.70	6:40.9	4:09.3
44 Kempin, Felix	1262	R.A. McMath Secon	(34)	20:50.20	6:42.0	4:10.0
45 Omstead, Morgan	1069	Delta Secondary	35	20:51.70	6:42.5	4:10.3
46 VanPoele, Talon	1148	Fleetwood Park Sch	36	20:53.10	6:42.9	4:10.6
47 Wilch, Jonthan	891	Seaquam Seahawk	-	20:54.90	6:43.5	4:11.0
48 Rivera Medoza, Nicolas	1143	Fleetwood Park Sch	(37)	20:59.90	6:45.1	4:12.0
49 Ta, Ryan	949	South Delta School	38	21:13.40	6:49.5	4:14.7
50 Felipe, Josh	1306	A.R. MacNeill	39	21:13.60	6:49.5	4:14.7
51 Bennett, Eli	1064	Delta Secondary	40	21:18.80	6:51.2	4:15.8
52 Lazzarini, Lorenzo	836	North Surrey Secon	41	21:18.90	6:51.2	4:15.8
53 Pares Sola, Pau	840	North Surrey Secon	42	21:41.30	6:58.4	4:20.3
54 Rehman, Bennett	1020	White Rock Christia	(43)	21:52.70	7:02.1	4:22.5
55 Deleeuw, Adam	856	Panorama Ridge S	-	21:54.00	7:02.5	4:22.8
56 Sasagawa, Kojiro	1022	White Rock Christia	(44)	22:09.00	7:07.3	4:25.8
57 Xu, Jun Cheng	892	Seaquam Seahawk	-	22:34.30	7:15.5	4:30.9
58 Gutierrez, Sammy	1007	White Rock Christia	-	22:45.50	7:19.1	4:33.1
59 Saarni, Taiju	685	Elgin Park Seconda	(45)	22:59.40	7:23.5	4:35.9
60 Li, Austin	1013	White Rock Christia	-	23:04.70	7:25.2	4:36.9
61 Naruse, Yuzuki	1019	White Rock Christia	-	23:07.50	7:26.1	4:37.5
62 Johnson, Mathias	1118	Queen Elizabeth S	46	23:14.80	7:28.5	4:39.0
63 Weir, Samuel	951	South Delta School	47	23:23.50	7:31.3	4:40.7
64 Alikou, Ahmed	787	Kwantlen Park Sec	48	23:29.20	7:33.1	4:41.8
65 Juarez, Christopher	790	Kwantlen Park Sec	49	23:34.30	7:34.8	4:42.9
66 Lee, Raehun	791	Kwantlen Park Sec	50	23:37.50	7:35.8	4:43.5
67 Barredo, Jabez	789	Kwantlen Park Sec	(51)	23:38.40	7:36.1	4:43.7
68 Holtz, Alex	835	North Surrey Secon	52	23:45.30	7:38.3	4:45.1
69 Shaar, Mohammed	1165	Delta Secondary	53	23:48.50	7:39.3	4:45.7
70 Wong, Solomon	1296	Richmond Christian	-	23:52.60	7:40.6	4:46.5
71 Hussein, Nasir	1134	LA Matheson Musta	-	24:12.30	7:47.0	4:50.5
72 Massah, David	1030	Kwantlen Park Sec	(54)	24:22.90	7:50.4	4:52.6
73 Olofson, Jake	659	Ecole Salish Secon	55	24:33.50	7:53.8	4:54.7

SOUTH FRASER HS XC CHAMPIONSHIPSSurrey,
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MEN (SeniorBoys) • 5 Kilometers (3.11 Miles)****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
74 Sharma, Manav	661	Ecole Salish Secon	56	24:35.70	7:54.5	4:55.1
75 Singh, Jashendeep	1222	Semiahmoo Secon	57	24:41.90	7:56.5	4:56.4
76 Simpson, Noah	662	Ecole Salish Secon	58	25:02.60	8:03.2	5:00.5
77 Cheng, Steven	1228	Richmond Seconda	-	25:12.60	8:06.4	5:02.5
78 Aliwans, Carson	612	Clayton Heights Se	-	25:24.60	8:10.2	5:04.9
79 Munn, Braeden	1319	A.R. MacNeill	59	25:25.30	8:10.5	5:05.1
80 Amjad, Saad	869	Queen Elizabeth S	(60)	26:13.20	8:25.9	5:14.6
81 Bhuvnoor, Sahi	1156	Tamanawis Second	-	27:13.00	8:45.1	5:26.6
82 Pham, Tim	1152	Kwantlen Park Sec	-	27:15.30	8:45.8	5:27.1
83 Laing, Gavin	1327	A.R. MacNeill	(61)	27:35.90	8:52.4	5:31.2
84 Suen, Marco	1211	North Surrey Secon	62	27:50.60	8:57.2	5:34.1
85 Bassi, Amolak	888	Seaquam Seahawk	-	27:57.80	8:59.5	5:35.6
86 Khan, Raqeeb	871	Queen Elizabeth S	(63)	28:03.20	9:01.2	5:36.6
87 Oh, James	658	Ecole Salish Secon	64	29:10.80	9:23.0	5:50.2
88 Kan, Vincent	655	Ecole Salish Secon	(65)	29:22.40	9:26.7	5:52.5
89 Yao, Roy	728	Fleetwood Park Sch	(66)	29:42.60	9:33.2	5:56.5
90 Pausanos, Tim	979	Sullivan Heights	-	31:44.30	10:12.3	6:20.9
91 Banwait, Kunwar	854	Panorama Ridge S	-	32:47.10	10:32.5	6:33.4
92 Taylor-Hunt, Ryder	950	South Delta School	67	32:52.70	10:34.3	6:34.5
93 Wijayawickrama, Dionne	663	Ecole Salish Secon	(68)	45:50.10	14:44.3	9:10.0